

# Mind of My Own

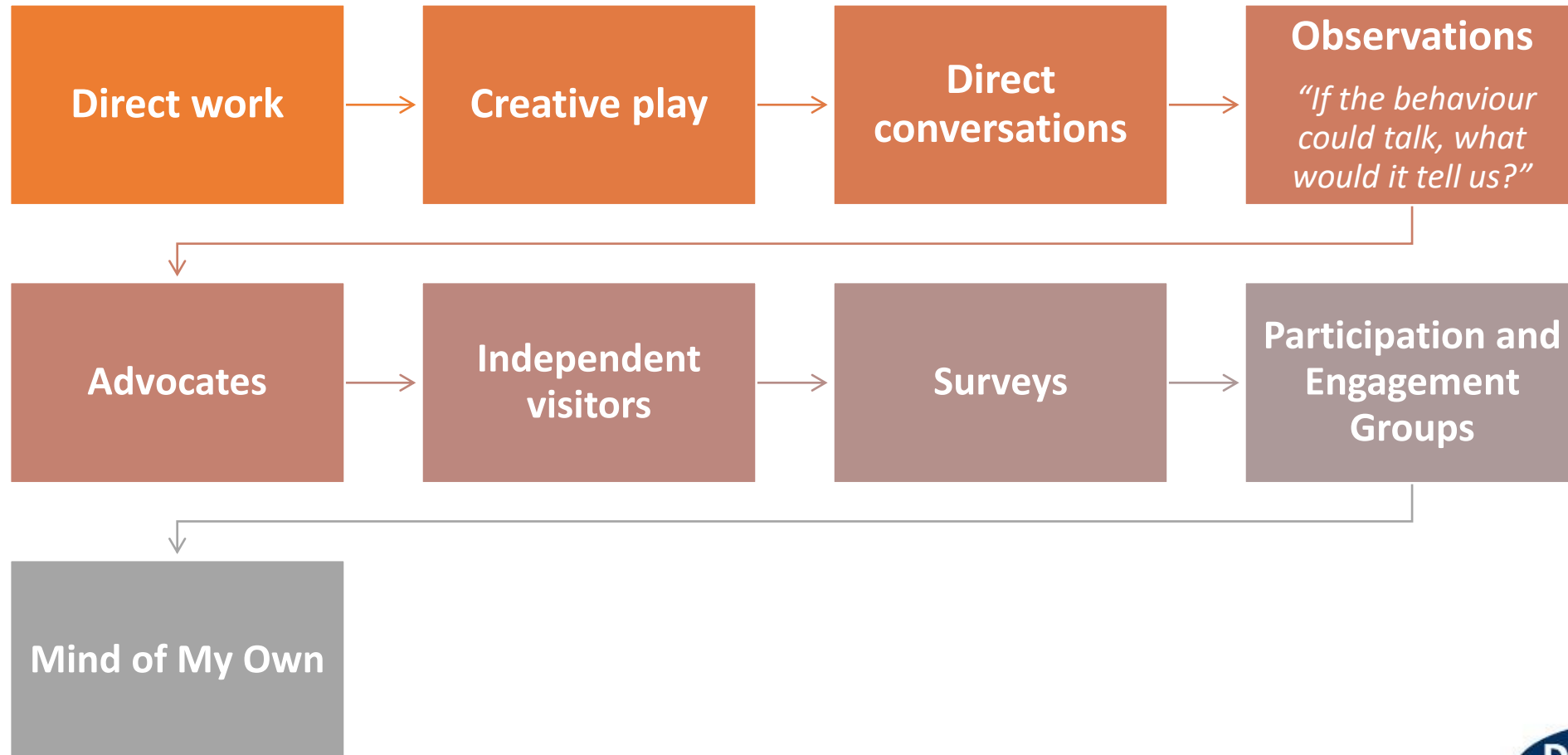
Children in Care & Care Leavers



# What is Mind of My Own



# Listening to Children & Young People



# What impact is Mind of My Own having on the children and young people who are using it?

I like the pictures as it helps me to understand things better.

(C, age 10)

If I feel like I can't talk, I can write my emotions down and communicate that way."

(T, age 14)

You can say things directly to your worker or whoever you need to talk to.

(T, age 14)

Using Mind of My Own with my Social Worker enabled me to spend quality time with them and helped me to have my say and for things to get done.

(A, age 9)

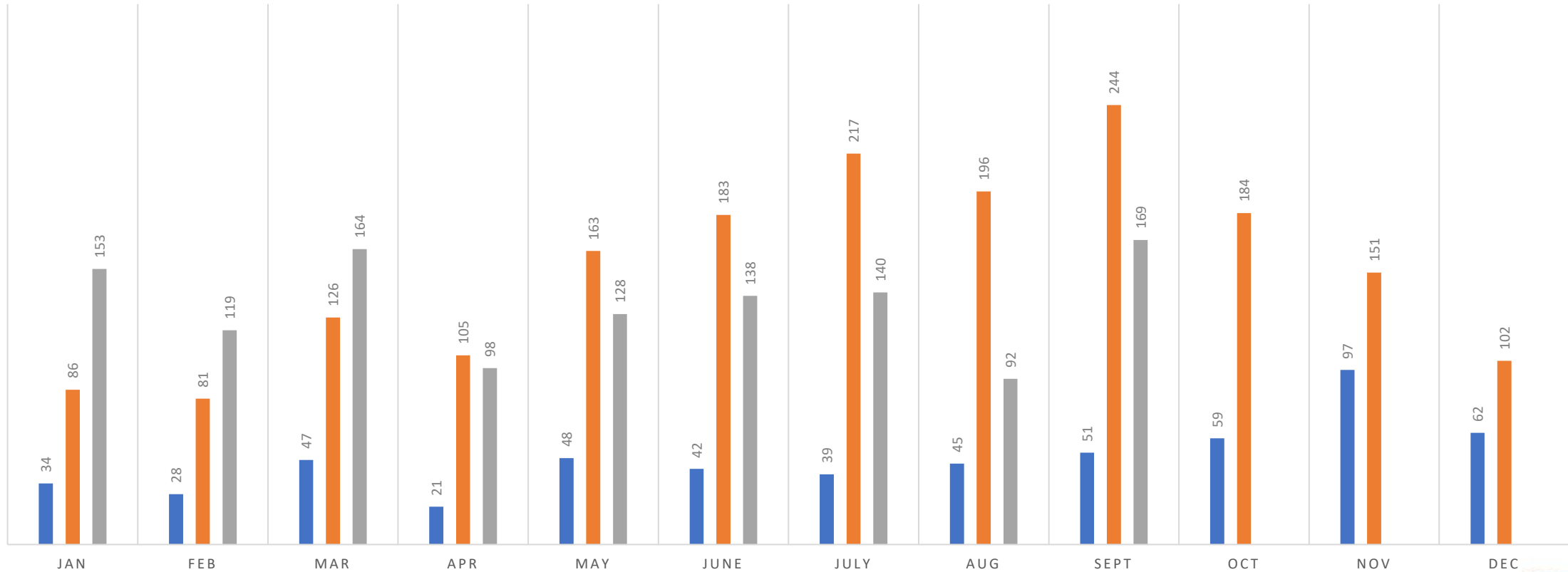
I liked all the options that were available to select from and found it easy to understand. I think Mind of My Own is important as you can say what you think, and you get a reply, so things get done."

(M, Age 10)

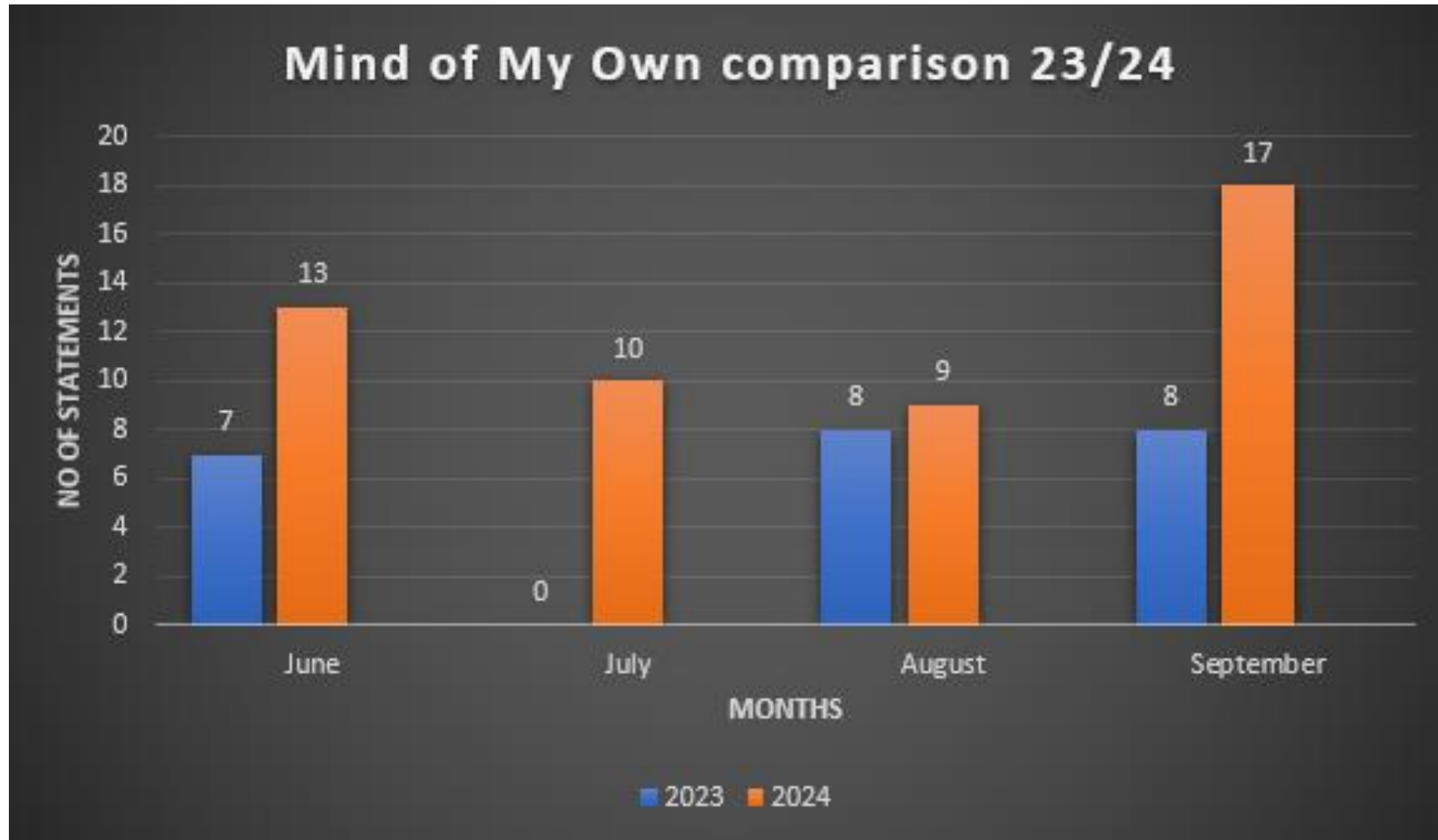
# Mind of My Own Usage Across the Service

## MIND OF MY OWN USAGE DASHBOARD

■ 2022 ■ 2023 ■ 2024



# Mind of My Own usage across Children in Care & Care Leavers



# What Are We Doing To Increase Usage of Mind of My Own?

Service wide briefing

Closer monitoring and progression of training

Targeted Project Groups

Data being included in performance meetings

Co-production sessions with children & young people

Support sessions directly through Mind of My Own for practitioners and parents/carers

Progression of a Mind of My Own service plan